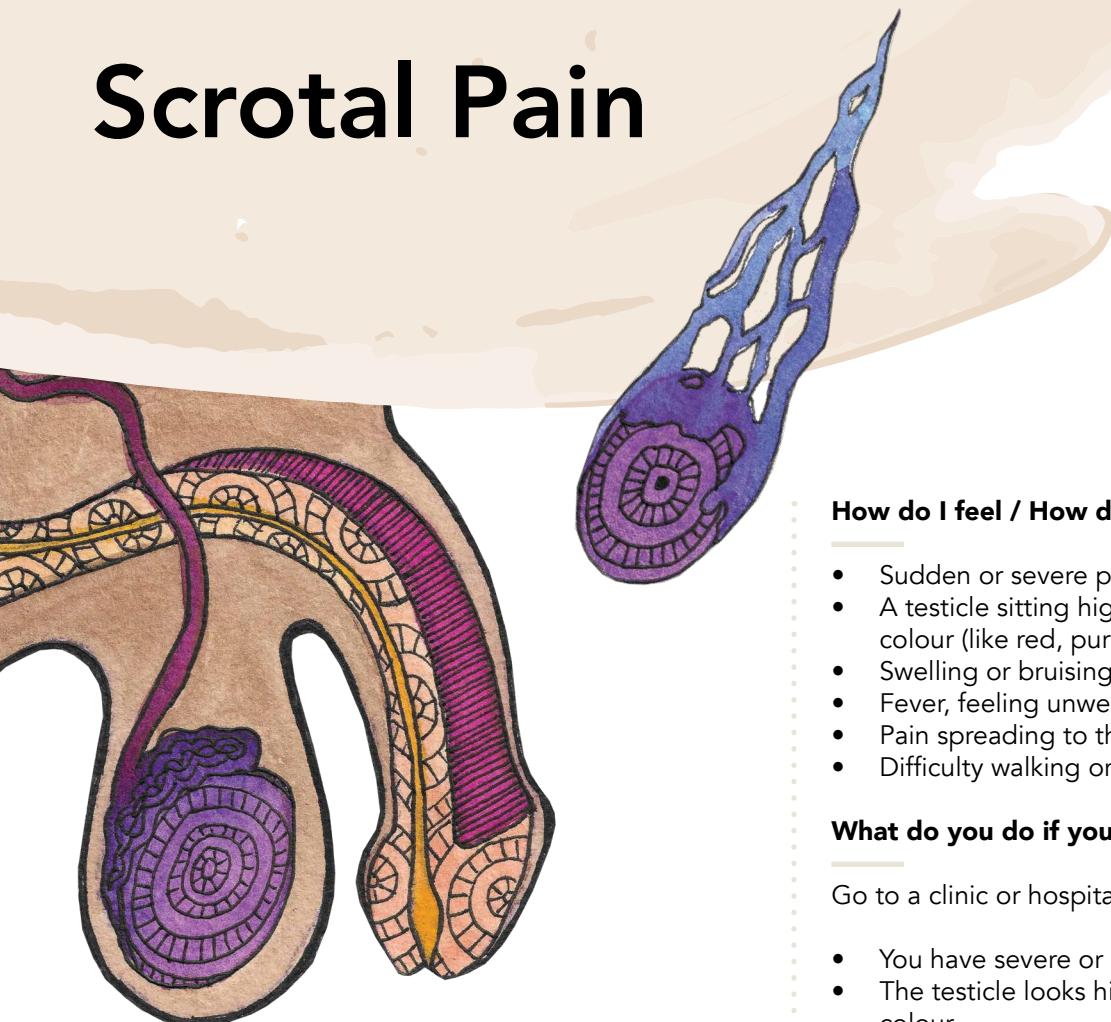


Scrotal Pain



What is the scrotum?

The scrotum is the soft pouch of skin that holds the testicles (balls) underneath a man or boy's penis. The testicles make sperm and hormones for the body. If the scrotum or testicles hurt, swell, or look different, it's a sign something might be wrong, and it's important to get it checked.

What causes scrotum pain?

There are many reasons for scrotal pain. Some are serious and need urgent care:

- Twisted testicle (testicular torsion): This is an emergency. The cord that gives blood to the testicle twists, cutting off the blood supply. If not treated quickly, the testicle can be permanently damaged.
- Infection (epididymitis): Infections can cause pain and swelling in the testicle or nearby areas.
- Injury or trauma: A hit or accident can cause pain, swelling, or bruising.
- Other causes: Some boys or men may have swollen veins, fluid buildup, or growths in the scrotum.

How do I feel / How do I look with scrotum pain?

- Sudden or severe pain in the scrotum.
- A testicle sitting higher than usual or changing colour (like red, purple, or blue).
- Swelling or bruising.
- Fever, feeling unwell, or nausea and vomiting.
- Pain spreading to the lower belly or thigh.
- Difficulty walking or standing.

What do you do if you have scrotal pain?

Go to a clinic or hospital straight away if:

- You have severe or sudden pain in the scrotum.
- The testicle looks higher than usual or changes colour.
- There's swelling, fever, or trouble walking.

It's always better to get help early to keep you safe and well. If you're unsure, yarn with a doctor or health worker for advice.

The doctor will ask you about your symptoms, examine your scrotum, penis and testicles and may order some more tests (like an ultrasound or urine sample).

For some men, it can be uncomfortable to yarn about their scrotum to a female doctor or health care worker. It is always okay to ask for a male doctor or healthcare worker to examine you if that makes you more comfortable.

How can we fix scrotal pain?

The treatment depends on the cause:

- Twisted testicle: This is an emergency, and surgery is needed straight away.
- Infection: Medicine (antibiotics) can help clear the infection.
- Injury: Rest, ice packs, and pain relief can help with healing.
- Other causes: The doctor will explain if any further treatment is needed.

It's always better to get help early to keep you safe and well. If you're unsure, yarn with a doctor or health worker for advice.